

HEALTH AND WELLBEING BOARD		AGENDA ITEM No. 4(a)
12 SEPTEMBER 2013		PUBLIC REPORT
Contact Officer(s):	Angela Burrows, Chief Operating Officer, Healthwatch	Tel.

ST GEORGES HYDROTHERAPY POOL USER EVALUATION REPORT 2013

RECOMMENDATIONS	
FROM : Healthwatch Peterborough	Deadline date: N/A
<ol style="list-style-type: none"> 1. Note the contents of the evaluation report; 2. Consider future provision of the service as a means to improve health and wellbeing of residents. 	

1. ORIGIN OF REPORT

- 1.1 This report is submitted to Board following a request from the Healthwatch Peterborough HWB Board Representative.

2. PURPOSE AND REASON FOR REPORT

- 2.1 The purpose of this report is to:
- a) Provide a summary version of a comprehensive report compiled for clinicians for members to review the outcomes and impact of the aquatic therapy service for local residents.
 - b) Review how aquatic therapies provide measurable outcomes and translate in to a service that reflects the PCC Health and Wellbeing Strategy 2012-15 including:
 - *Deliver the best possible health and well being outcomes, including promoting equality*
 - *Provide the best possible health and social care provision*
 - c) Provide the Board with detailed information and review of recommendations in light of the recent decisions to review the hydrotherapy services.
- 2.2 This report is for Board to consider under its Terms of Reference No. 2.2 To actively promote partnership working across health and social care in order to further improve health and wellbeing of residents.

3. MAIN BODY OF REPORT

- Overview:
- 3.1 The report aims to provide a comprehensive data and patient/carer evaluation of aquatic therapies (hydrotherapy) based on research carried out at St George's Community Hydrotherapy Pool where results demonstrated it as a method to improve the lives, health and wellbeing of users and carers.
- 3.2 St George's hydrotherapy pool is a popular, in-demand and well supported provision that improves the lives, health and wellbeing for users and carers. It is a preventative provision as well as a valuable means of recovery – delivered directly in line with the key aims and objectives of the strategy.

- 3.3 Hydrotherapy has the rare advantage of being able to deliver benefits to all of Peterborough City Council's public health, education and social care services - contributing to the improvement - *direct use of integrated health and social care solutions*.
- 3.4 Hydrotherapy shows a greater delivery of innovative, forward thinking and proactive – not reactive – provision.

Pages 37-42 Peterborough City Council Health & Wellbeing Strategy 2012-15

4. CONSULTATION

- 4.1 As far as Healthwatch Peterborough is aware - this is the only comprehensive report currently available reviewing this service locally.
- 4.2 Further consultations/reviews would be welcomed.

5. ANTICIPATED OUTCOMES

- 5.1 That the Board is fully aware of the provision and the service that currently being provided.
- 5.2 That the Board makes a fully informed choice in regards the future of this provision.
- 5.3 That further public consultations are undertaken as part of any future changes to this service.

6. REASONS FOR RECOMMENDATIONS

To highlight the improvements this service has been providing for local residents. To maintain such a service to continue to provide a real and evidence based provision for local people.

7. ALTERNATIVE OPTIONS CONSIDERED

N/A.

8. IMPLICATIONS

N/A.

9. BACKGROUND DOCUMENTS

Used to prepare this report, in accordance with the Local Government (Access to Information) Act 1985)
N/A.